

# Challenging Case Presentation & Focus Review

## Step-by-step Approach of OCT-guided Atherectomy



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# Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organizations listed below.

## Affiliation/Financial Relationship

- **Grant/Research Support:** Abbott Vascular Japan  
Boston Scientific Japan  
Nipro Inc.  
Terumo Inc.
- **Consulting Fees/Honoraria:** Abbott Vascular Japan  
Daiichi-Sankyo Pharmaceutical Inc.  
Nipro Inc.  
Terumo Inc.



# State of the art: evolving concepts in the treatment of heavily calcified and undilatable coronary stenoses – from debulking to plaque modification, a 40-year-long journey

**EuroIntervention 2017;13:696-705**



Emanuele Barbato<sup>1,2\*</sup>, MD, PhD; Evan Shlofmitz<sup>3,4</sup>, DO; Anastasios Milkas<sup>1,5</sup>, MD;  
Richard Shlofmitz<sup>4</sup>, MD; Lorenzo Azzalini<sup>6</sup>, MD, PhD, MSc; Antonio Colombo<sup>6</sup>, MD

- **Because of the difficulty in adequately dilating the lesions and/or the inability to deliver and implant stents appropriately, PCI to heavily calcified fibrotic coronary stenosis is often associated with high rates of procedural complications and suboptimal long-term clinical outcomes.**
- **Thus, heavily calcified, fibrotic coronary stenosis has traditionally represented a very challenging scenario for PCI, and very common indication for surgical revascularization.**
- **After developing dedicated cutting and scoring balloons and atherectomy devices, the treatment of most fibrotic and heavily calcified stenoses has become feasible and safe recently.**



**Case 60's y.o. Female**

**Clinical Diagnosis: Effort AP**

**Colon cancer (before operation)**

**Coronary risk factor: HT, DM**

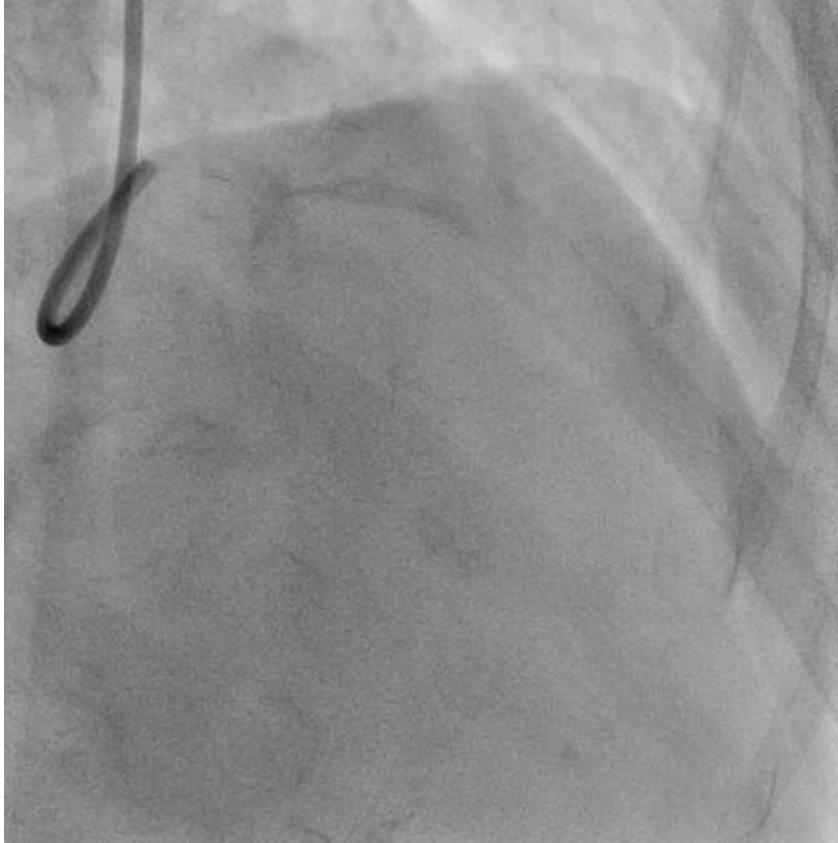
**Renal Function: Cr 0.88mg/dl, eGFR 56.3ml/min/1.73m<sup>2</sup>**

**Cardiac Function: EF 63%, asynergy(-)**

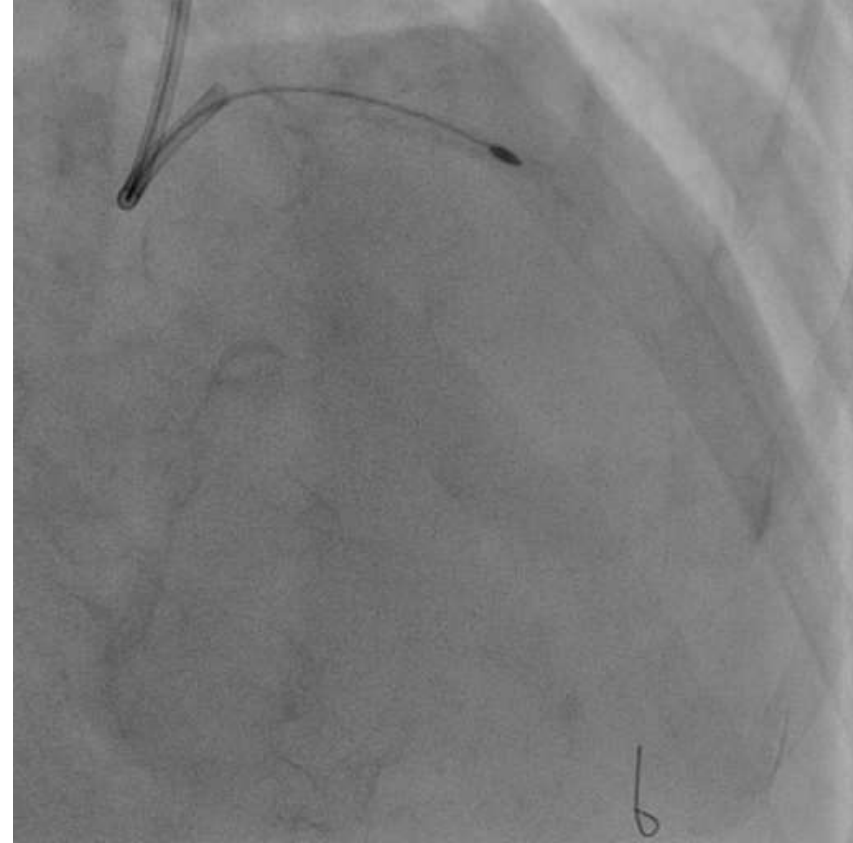


# Coronary angiography & rotational atherectomy

**Pre PCI**



**Rota 1.5 mm**



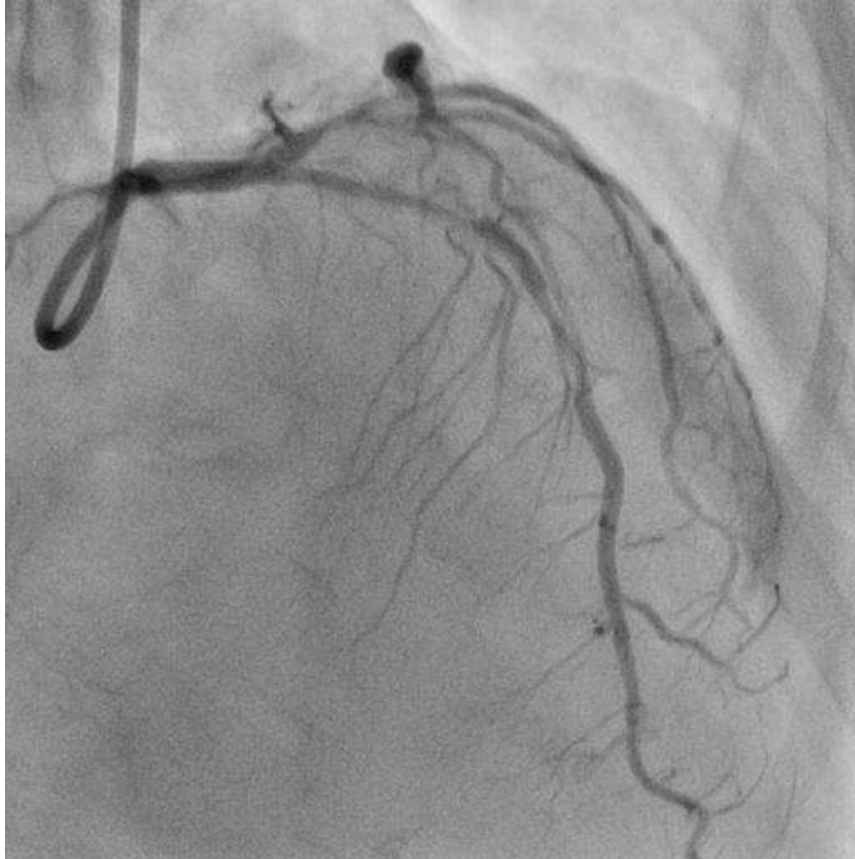
**Because of heavy calcification, it was difficult to pass any imaging device after angiography, and rotablator with 1.5mm burr was selected for lesion modification.**



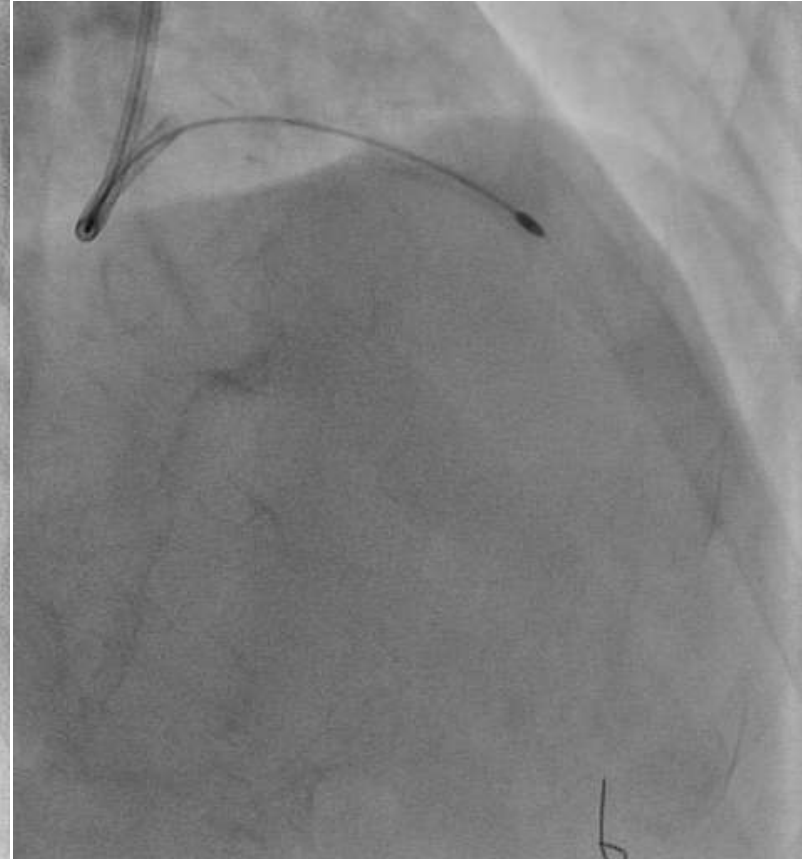


# Coronary angiography & Rotablator

Pre PCI

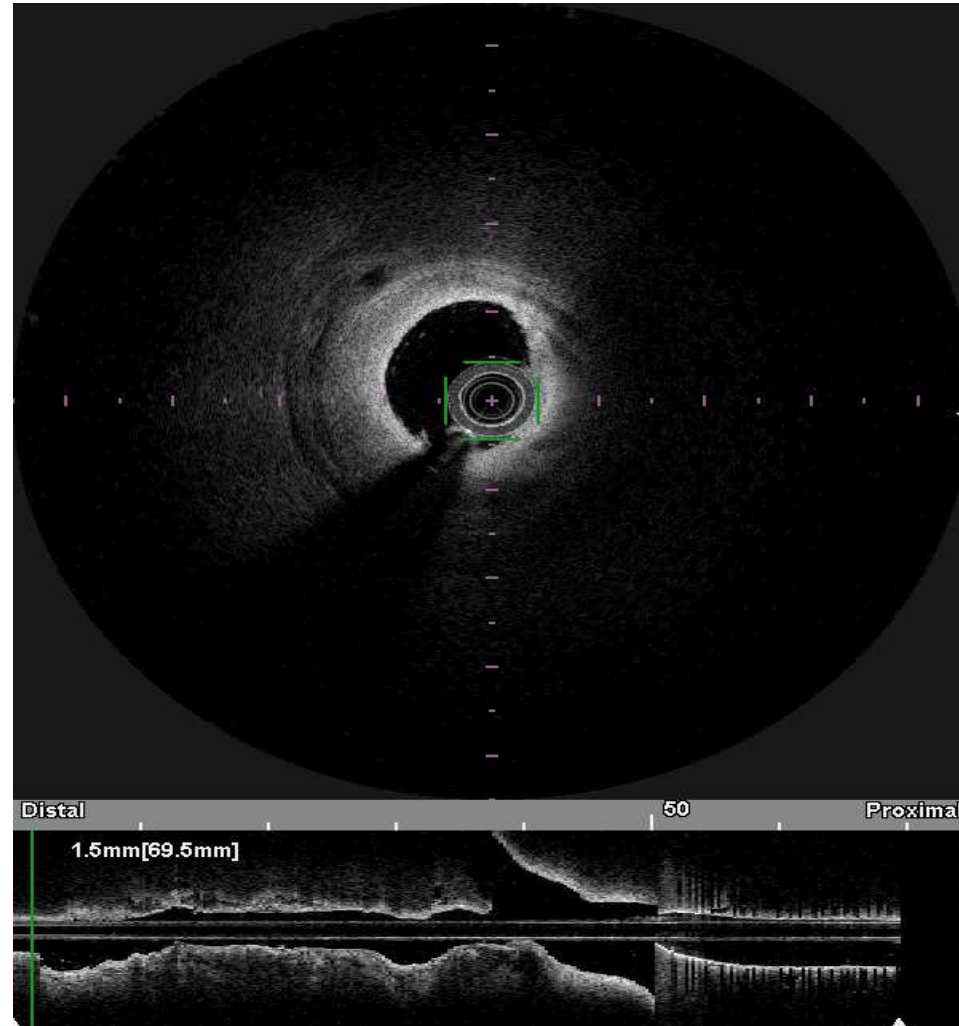


Rota 1.5 mm



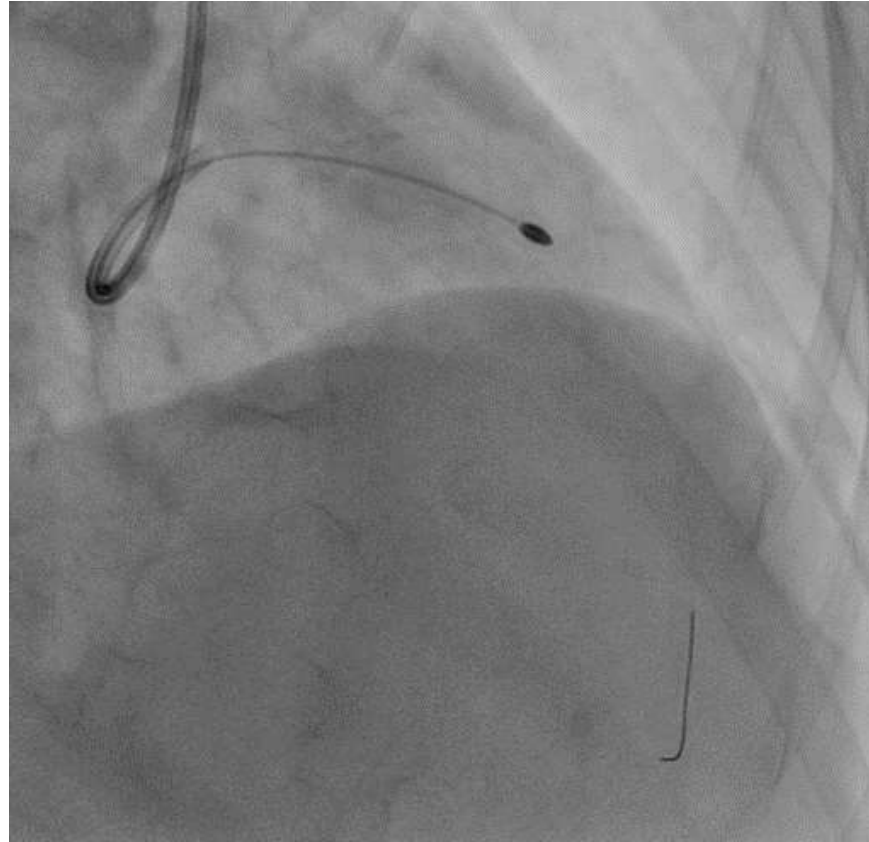
# FD-OCT

Post Rota 1.5 mm



# Coronary angiography & Rotablator

**Rota burr size 2.0**



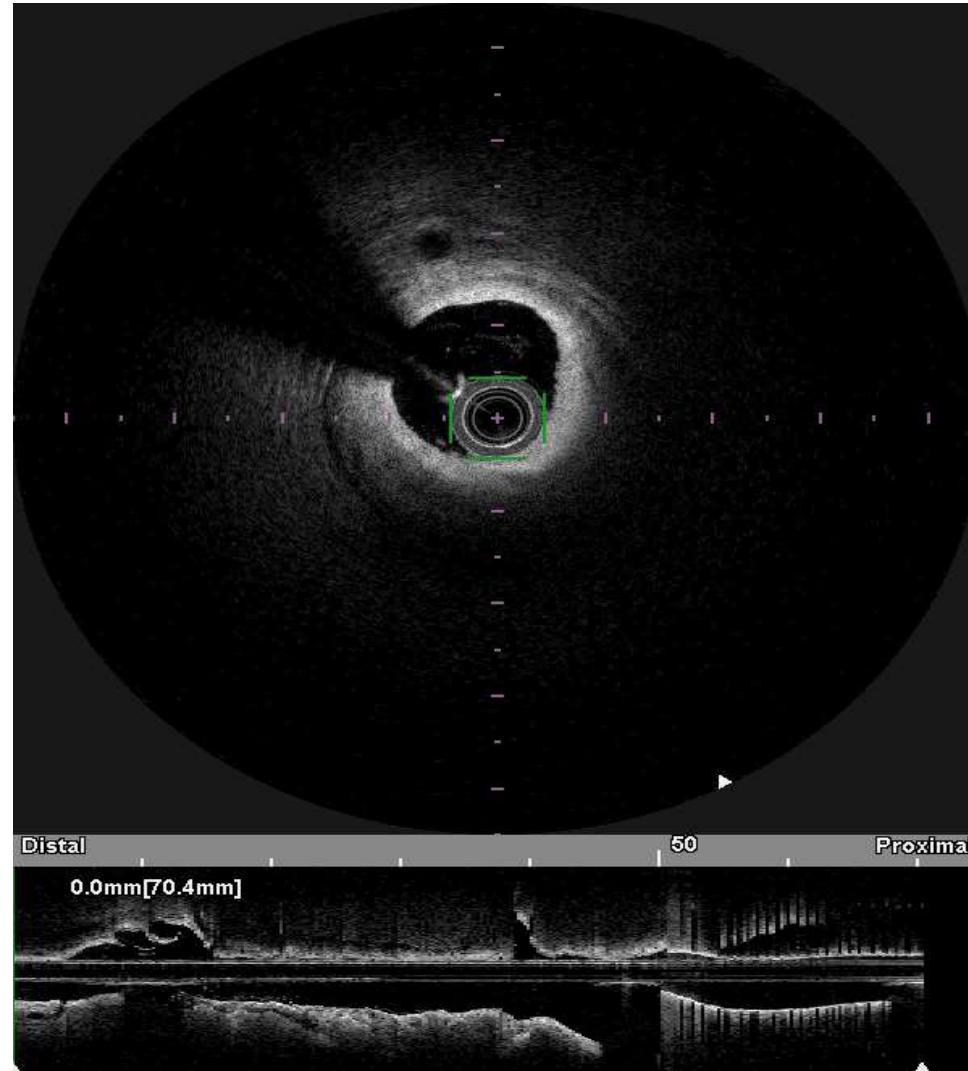
**Based on OCT findings, there are still very thick superficial calcium more than 500  $\mu\text{m}$ , and further bigger burr size was selected for further ablation.**



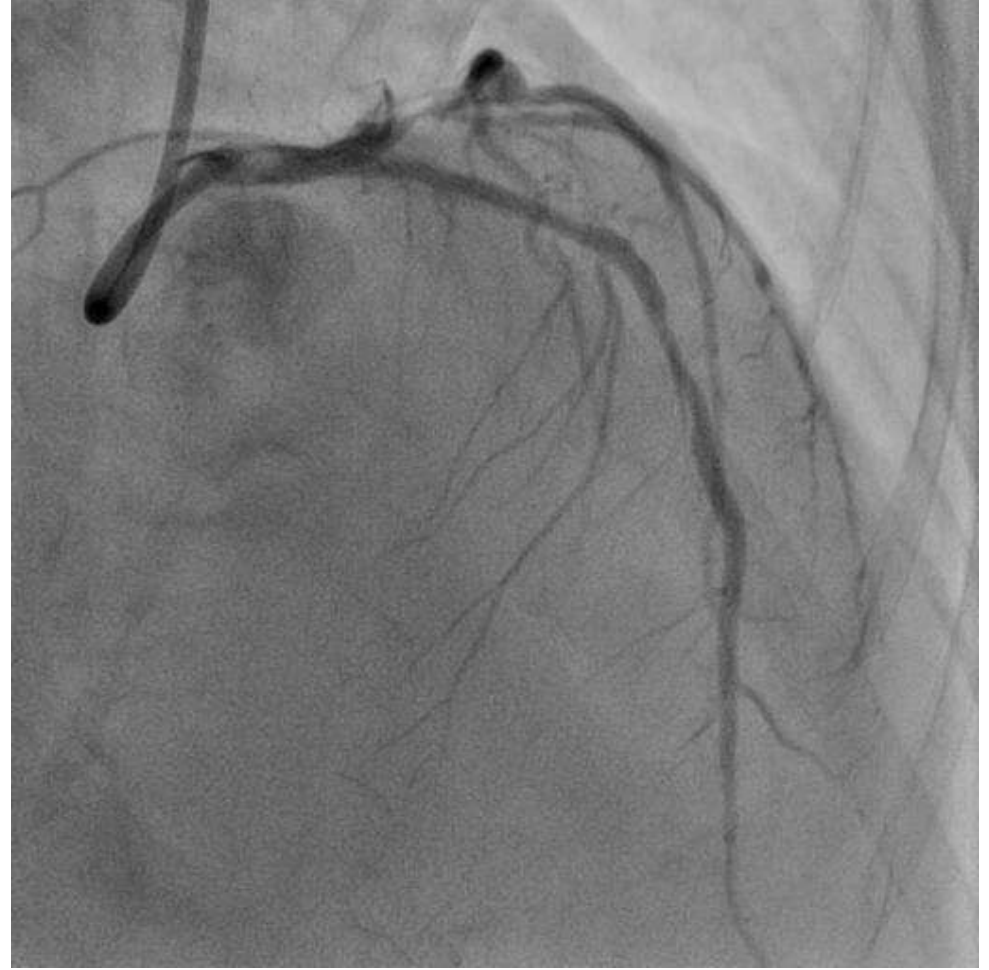


# FD-OCT

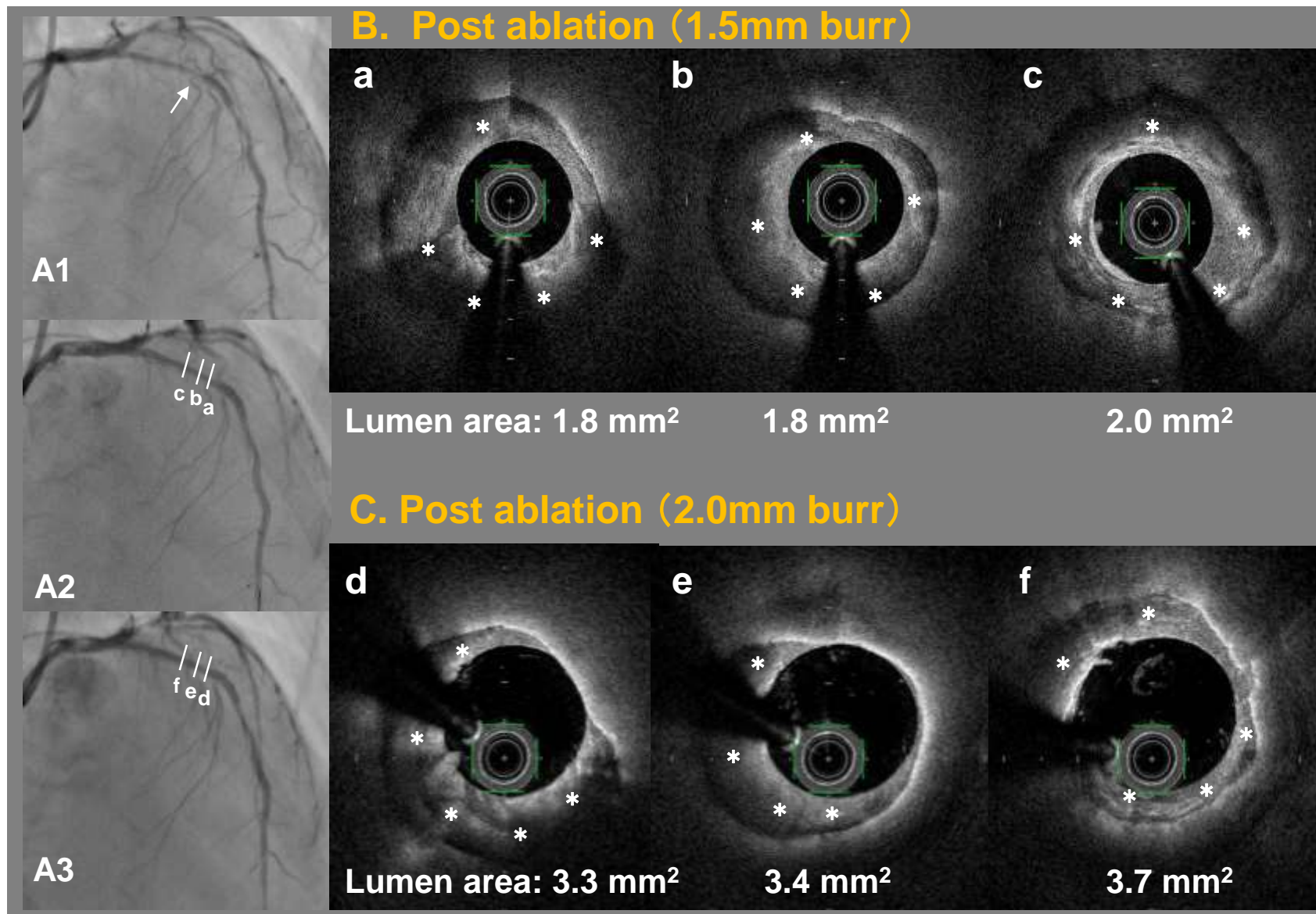
Post Rota 2.0mm



# Final Angiography



# Comparison of OCT findings after rotational atherectomy



Non-stent strategy was selected because of colon cancer operation.



# Similarities & differences between OCT & IVUS

Maehara A, et al. J Am Coll Cardiol Img 2017;10:1487-1503

OCT				IVUS		
Very good	Good	Feasible	Pre-PCI	Feasible	Good	Very good
●	●	●	Severity of calcium	●	●	
		●	Prediction of slow flow	●		
▲	●	●	Stent sizing by vessel wall	●	●	●
●	●	●	Stent length to cover normal to normal	●	●	●
			Post-PCI			
●	●	●	Stent expansion	●	●	●
●	●	●	Tissue protrusion through strut	●	●	
●	●	●	Stent malapposition	●	●	
	●	●	Stent deformation (frequently at aorto-ostium)	●	●	
●	●	●	Stent edge dissection	●	●	
●	●	●	Residual disease at stent edge	●	●	●
			Follow-up			
●	●	●	Old stent expansion	●	●	●
	●	●	Tissue coverage	●		
●	●	●	Neointimal hyperplasia	●	●	●
	●	●	Stent fracture	●	●	
●	●	●	Stent malapposition	●	●	
		●	Positive remodeling of vessel wall	●	●	●
●	●	●	Neoatherosclerosis	●	●	





**Case 70's y.o. Male**

**Clinical Diagnosis: Effort AP**

**Coronary risk factor: HT, DM, DLP, Past smoking, Obesity**

**Renal Function: Cr 0.73mg/dl, eGFR 80.2 ml/min/1.73m<sup>2</sup>**

**Cardiac Function: EF 61%, asynergy(-)**





# Coronary angiography

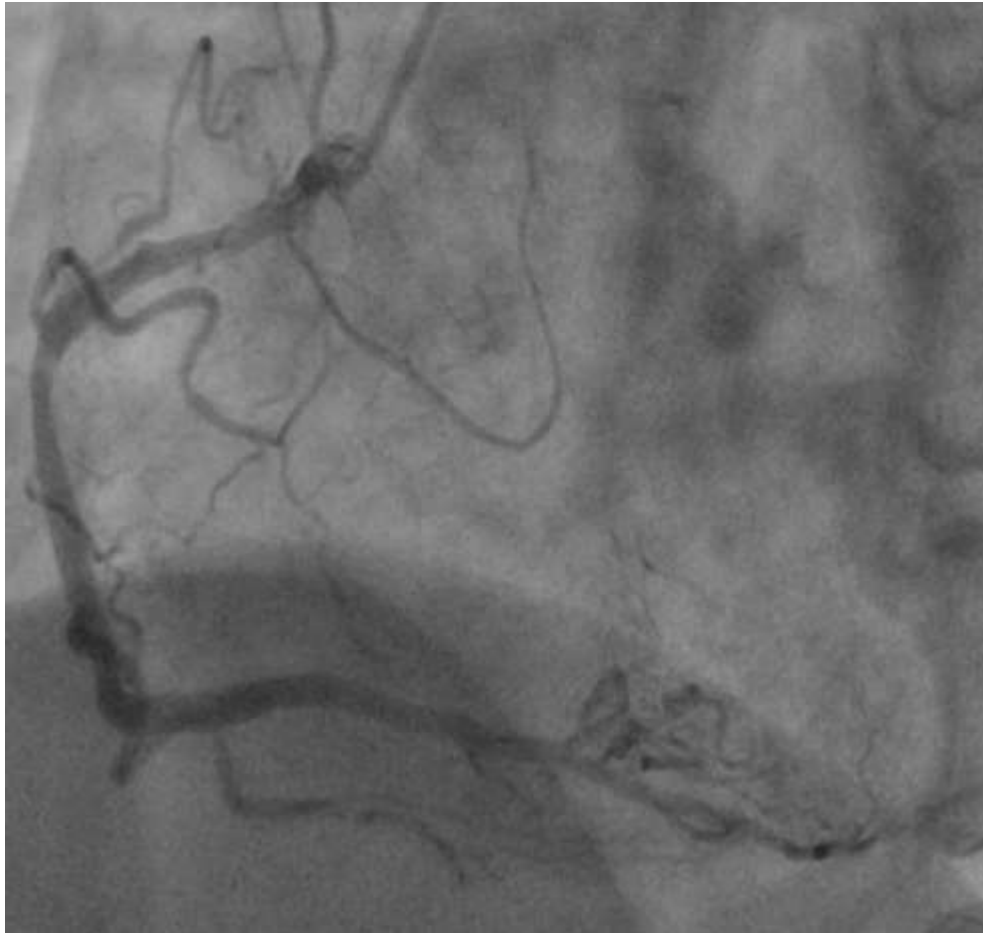
Pre PCI



# Coronary angiography

Pre PCI

RCA

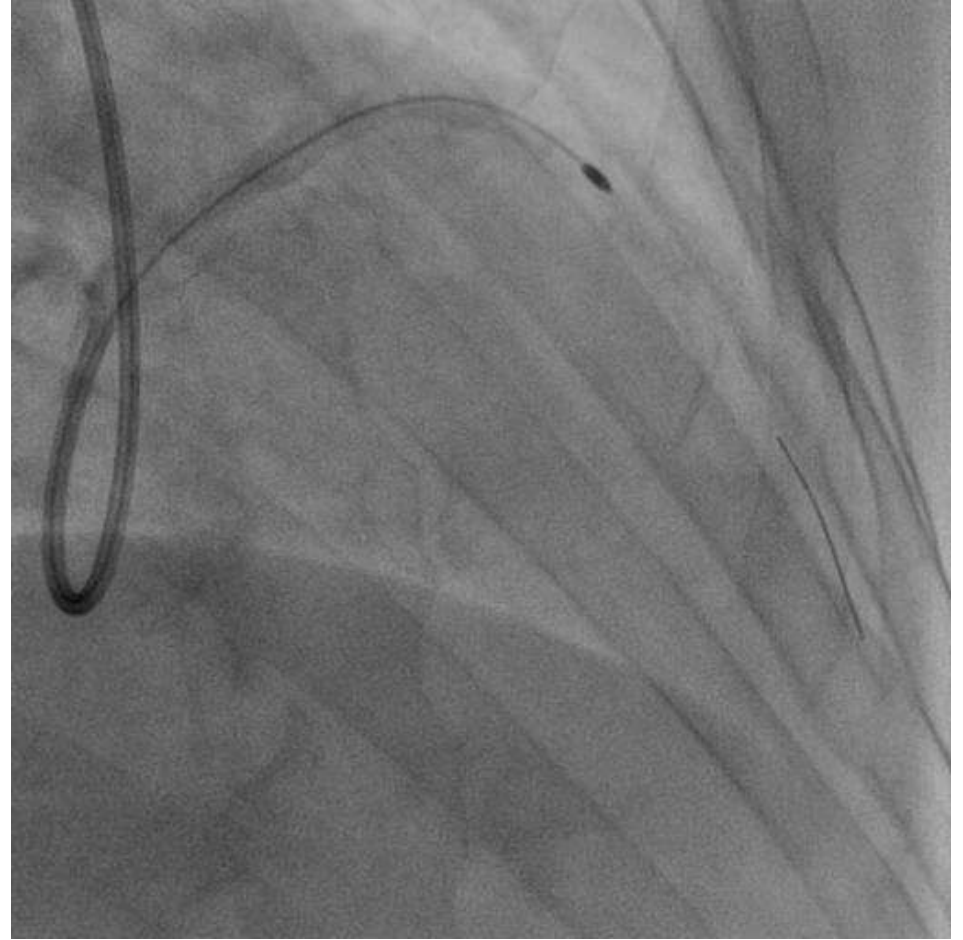


LCA



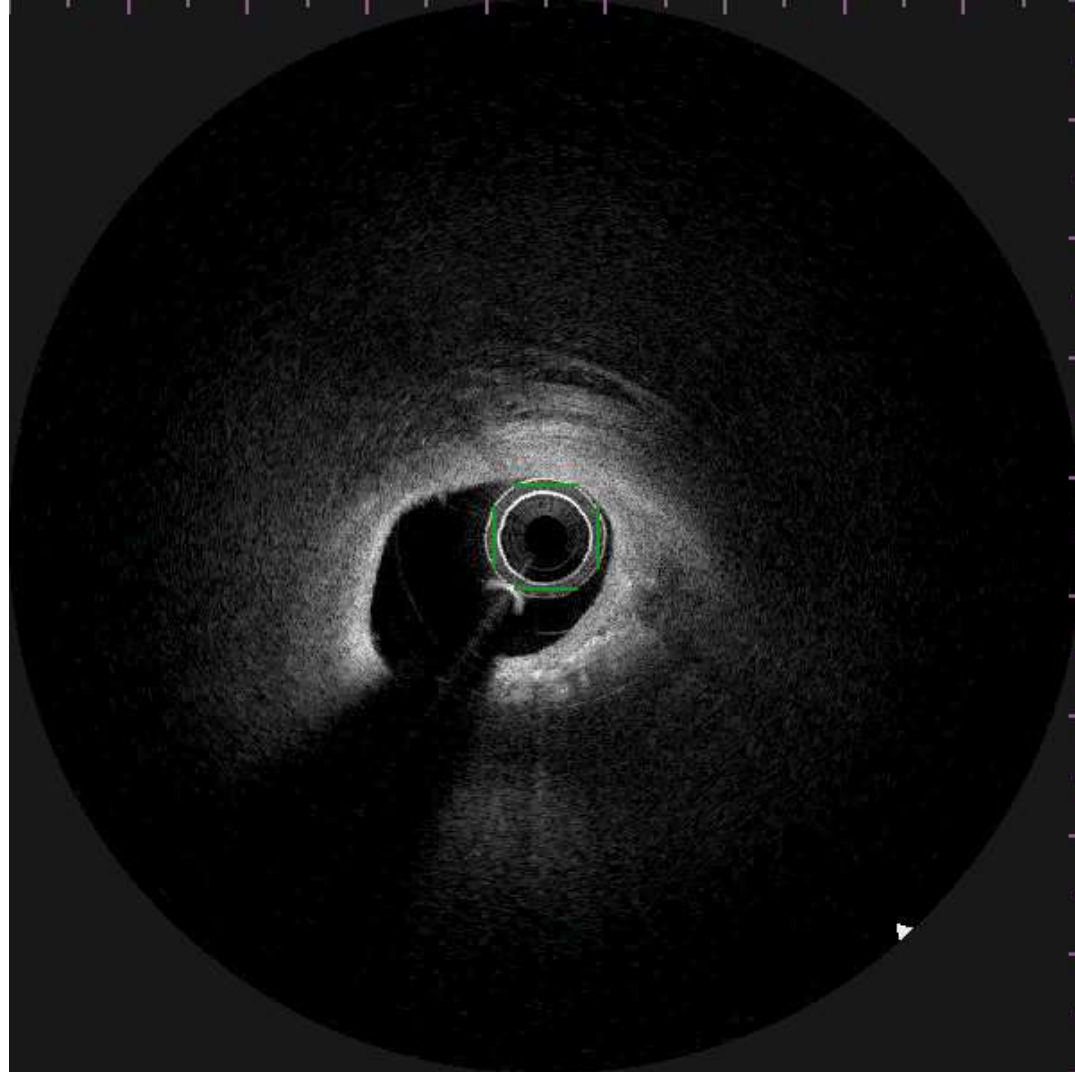
# Rotational atherectomy

Rota 1.5 mm



# FD-OCT

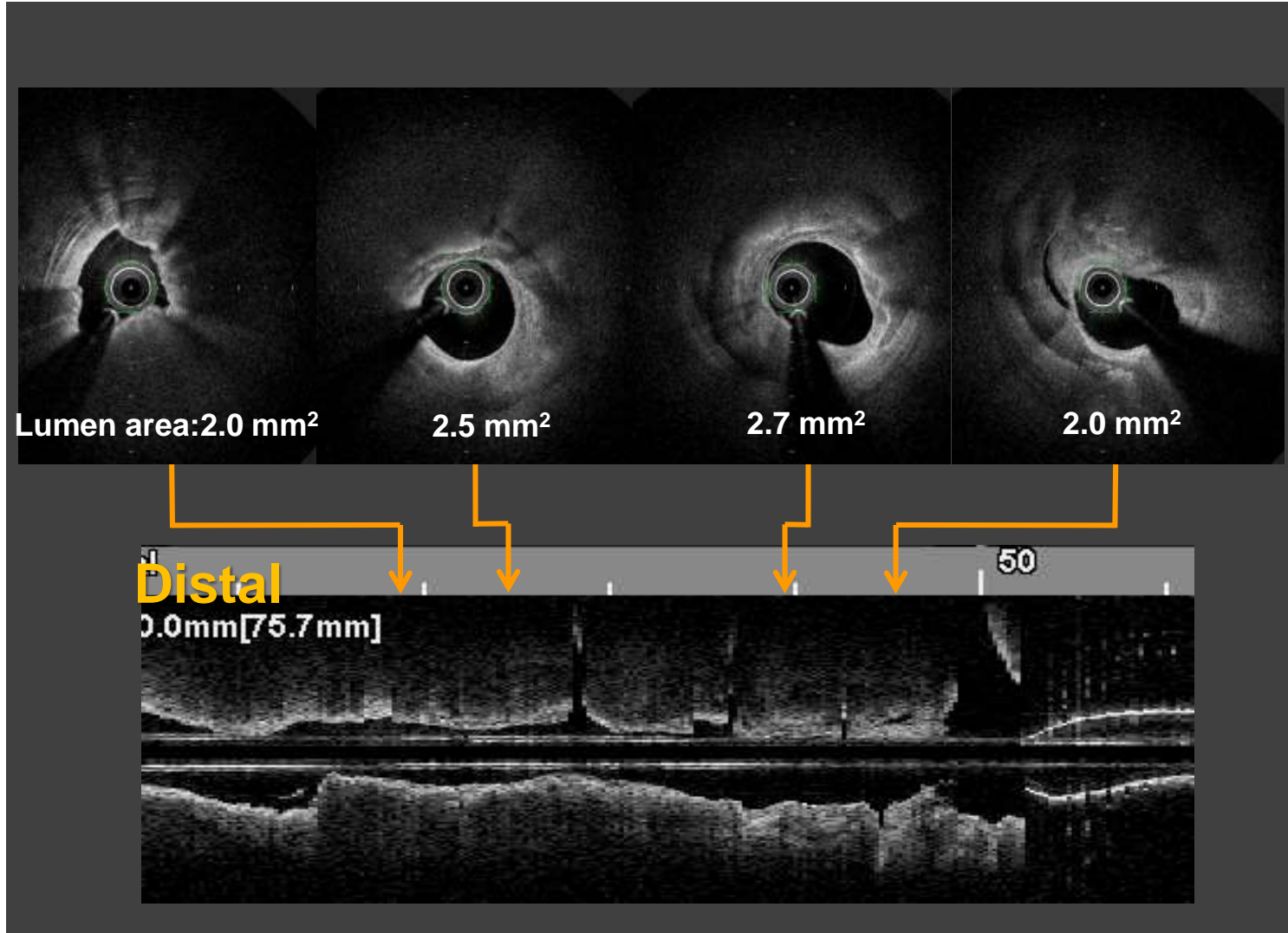
Post Rota 1.5 mm





# FD-OCT

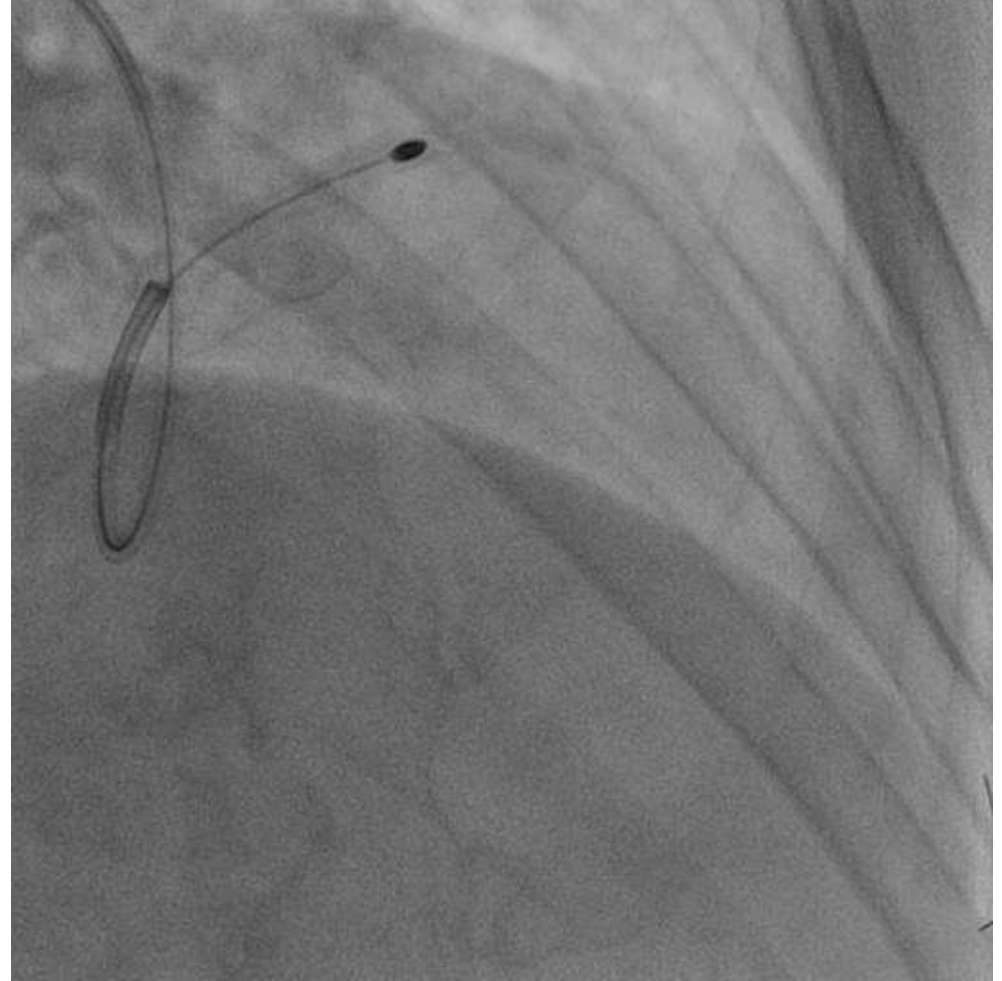
Post Rota 1.5 mm





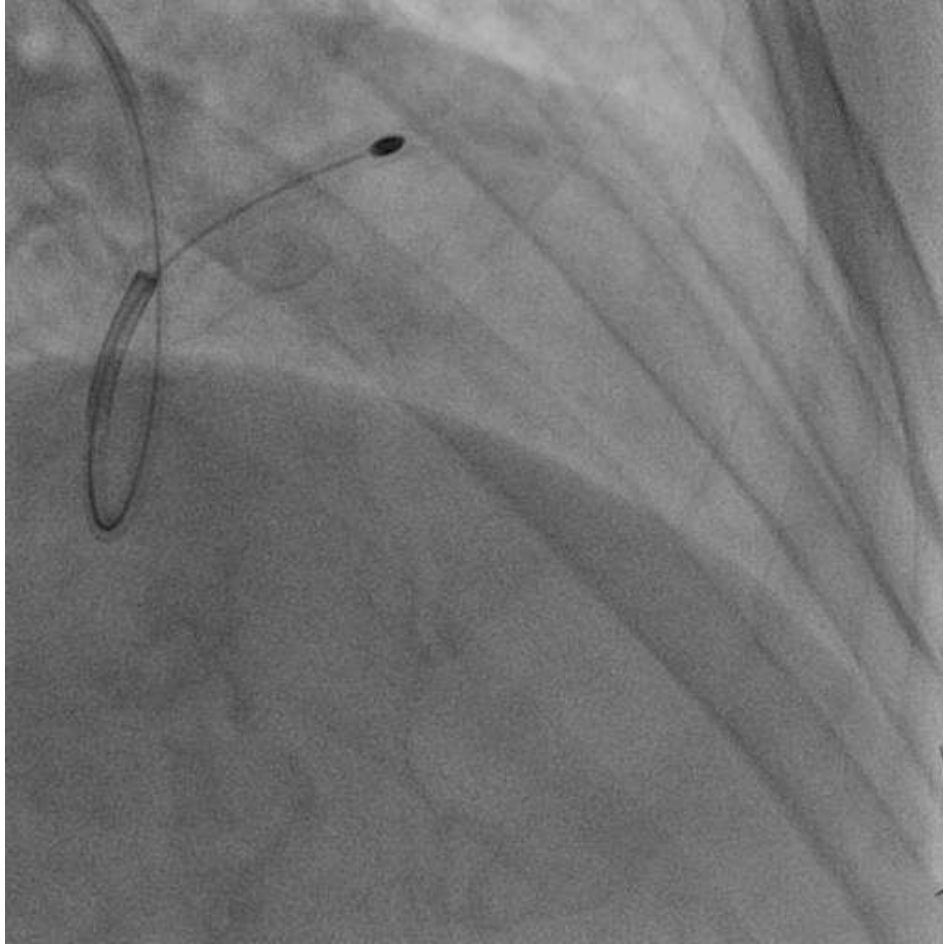
# Rotational atherectomy

Rota 2.0 mm

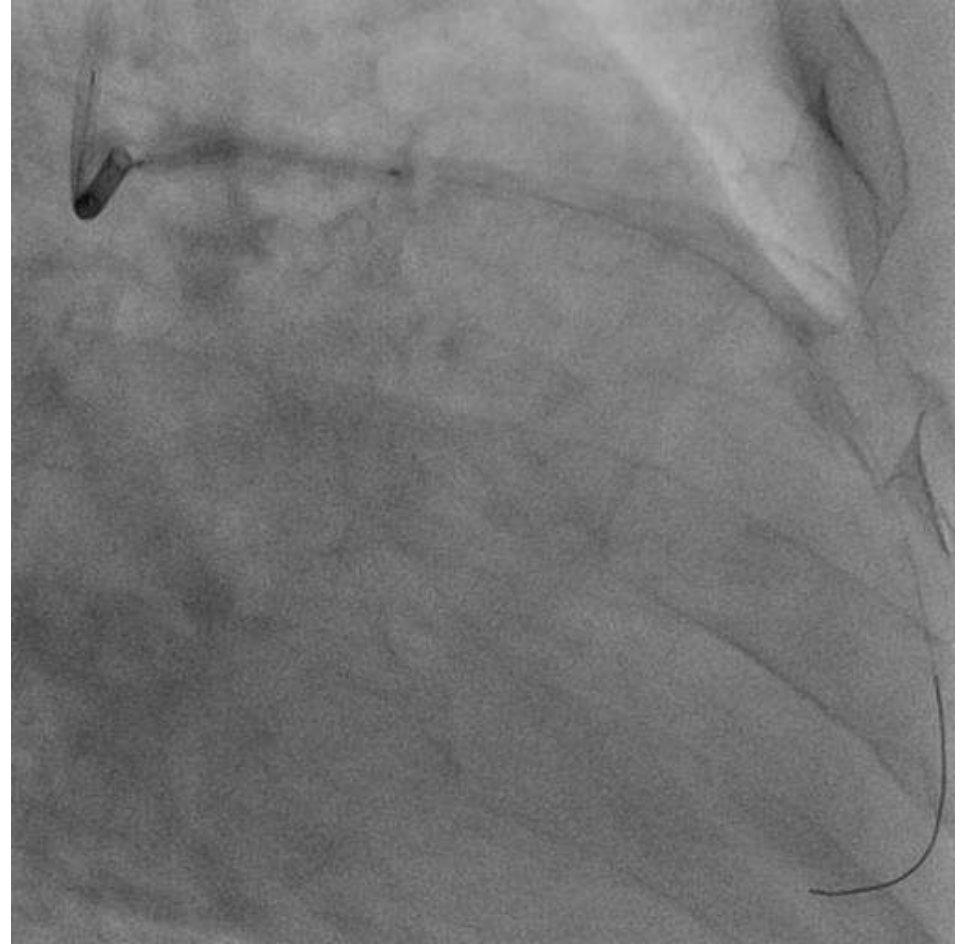


# Rota 2.0mm following DCB 3.0x30mm

**Rota 2.0 mm**

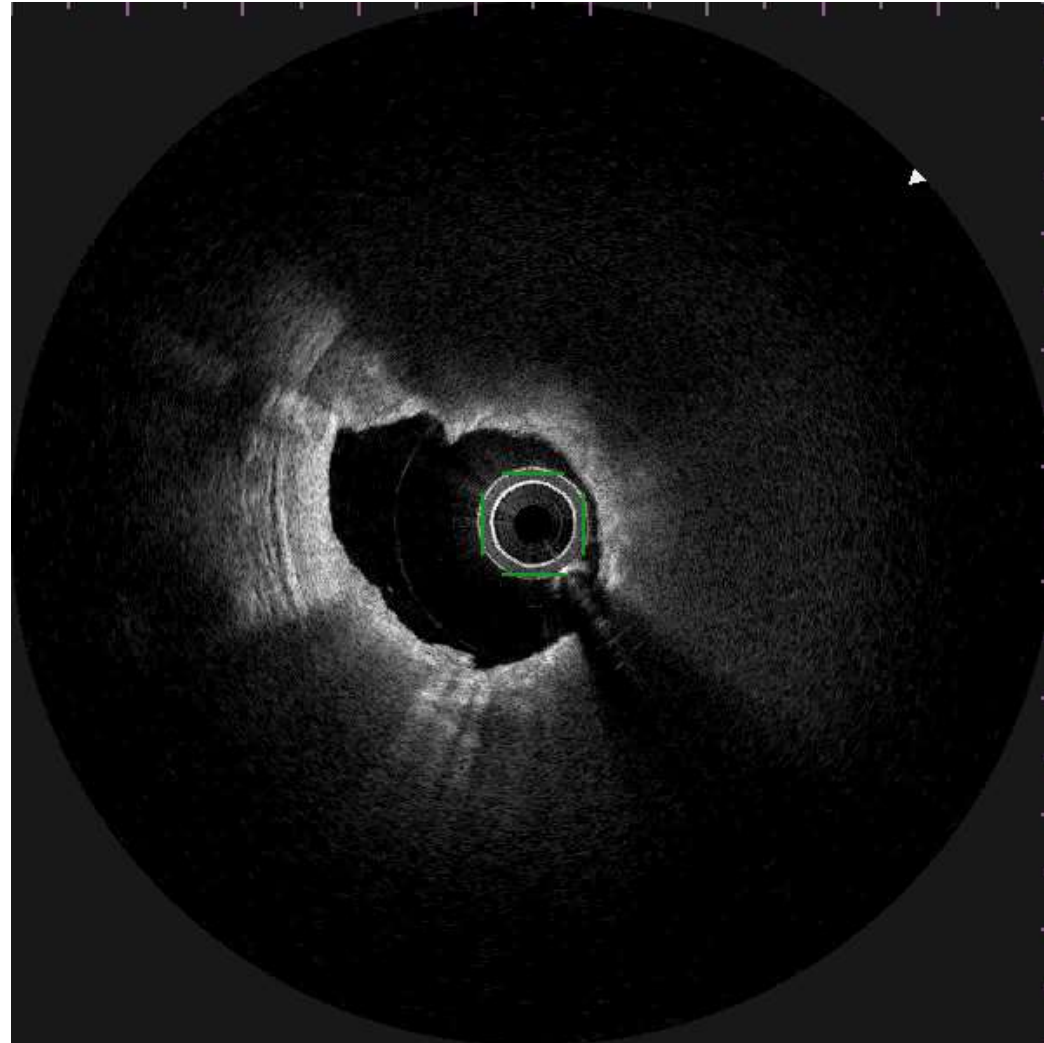


**DCB 3.0\*30 mm**



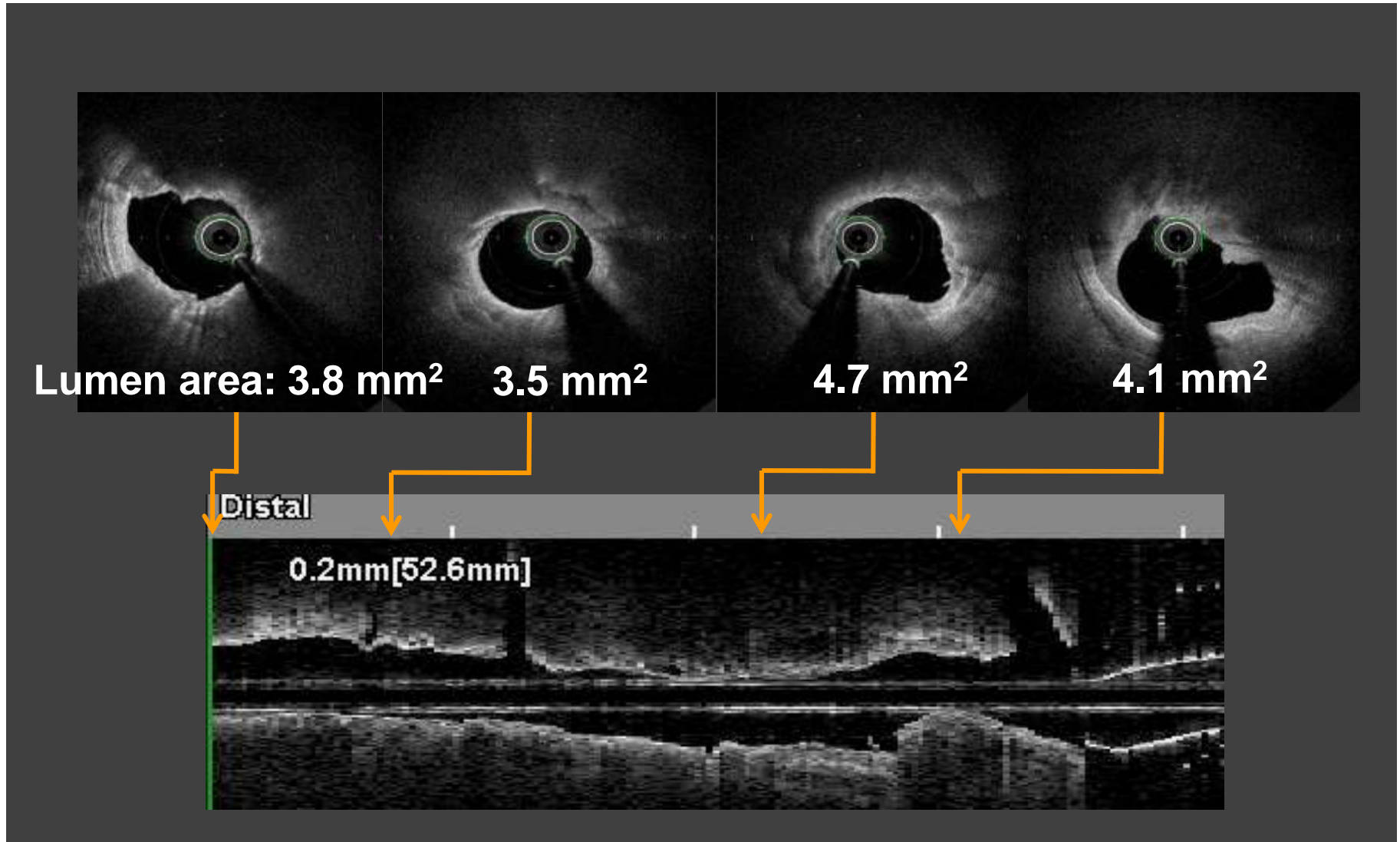
# FD-OCT after Rota 2.0mm + DCB 3.0x30mm

FD-OCT



# FD-OCT

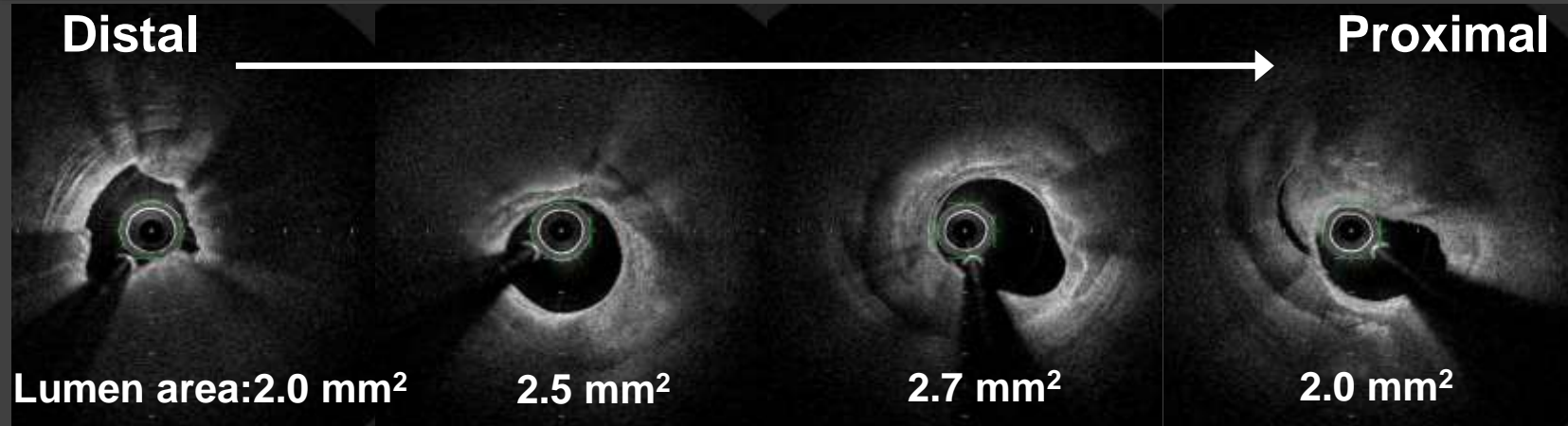
Post Rota 2.0 mm



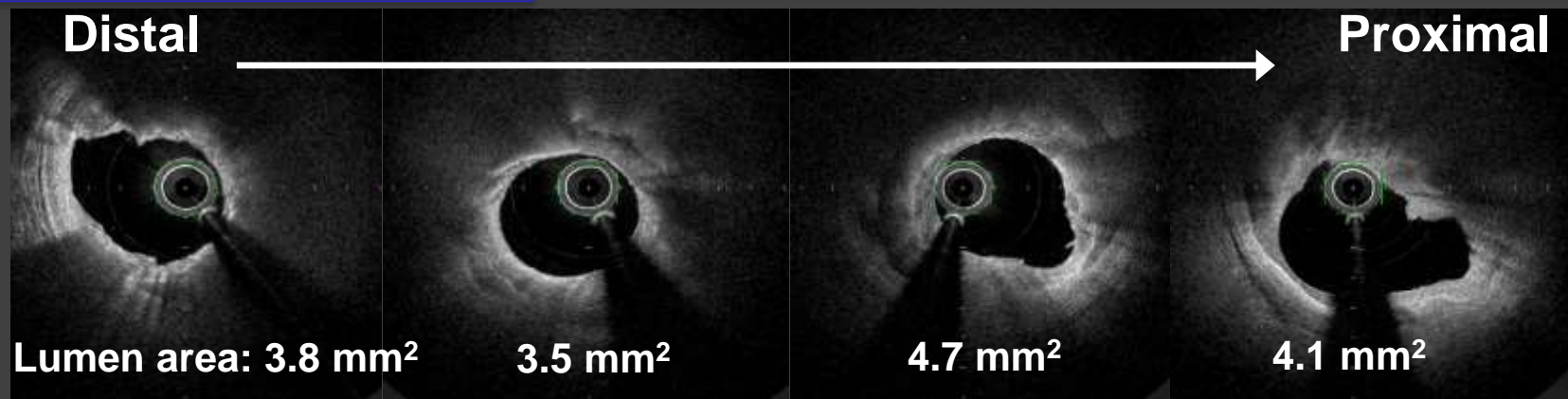


# FD-OCT: comparison pre- & post-rotata

## Post Rota 1.5mm



## Post Rota 2.0mm





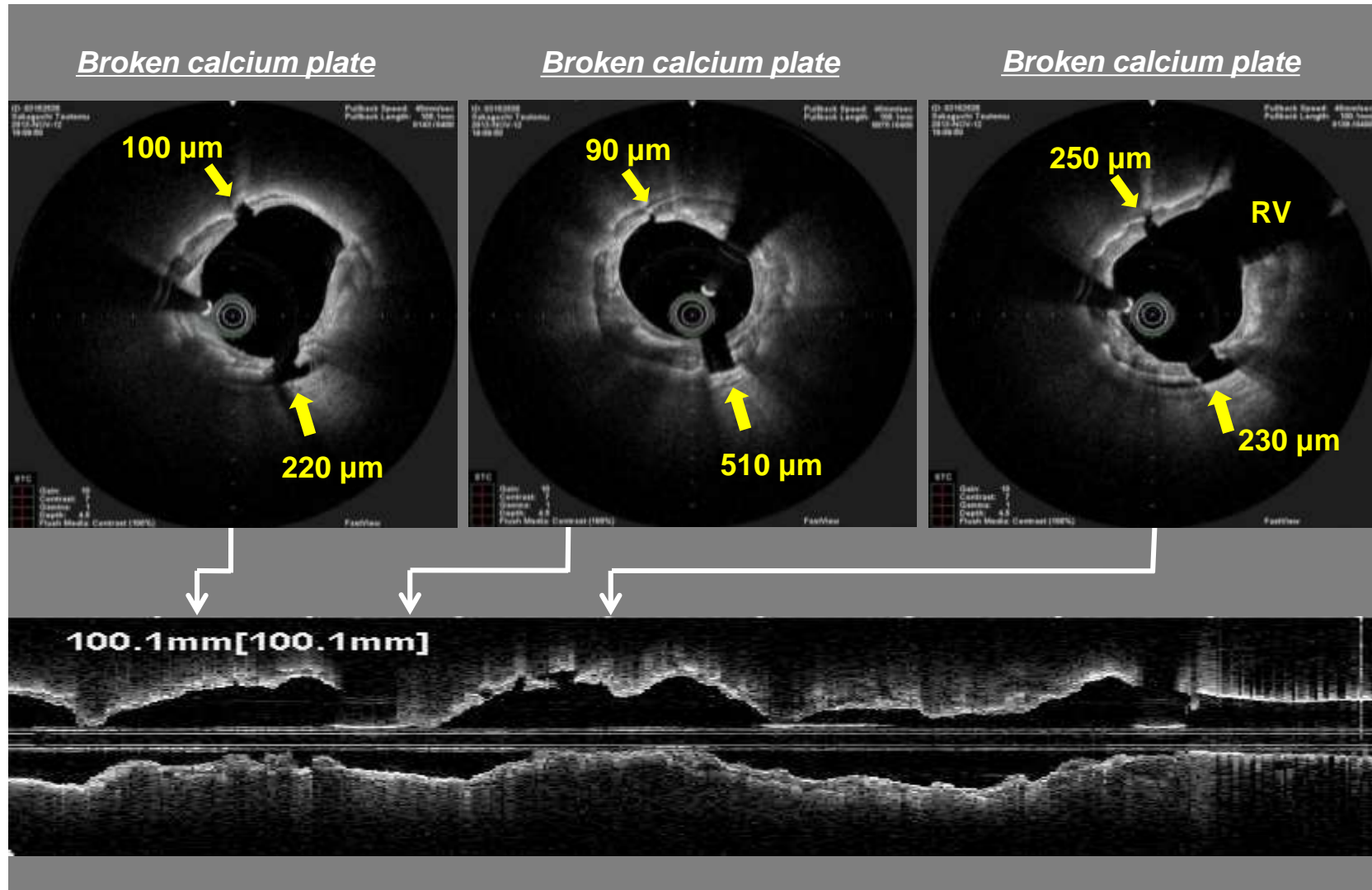
# Final Angiography



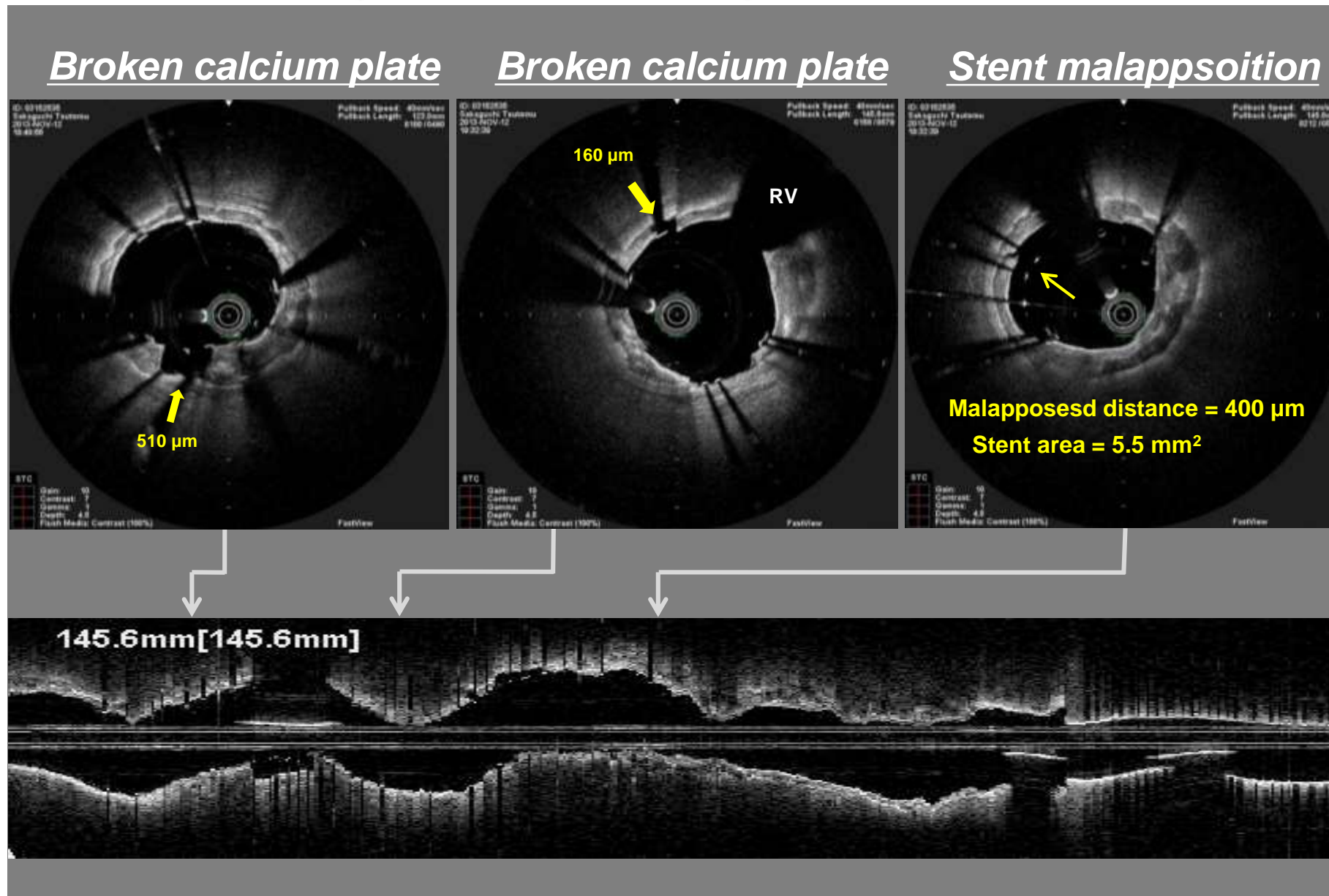
# Final Angiography



# Post-high pressure ballooning



# Post-stenting after making calcium plate clacks

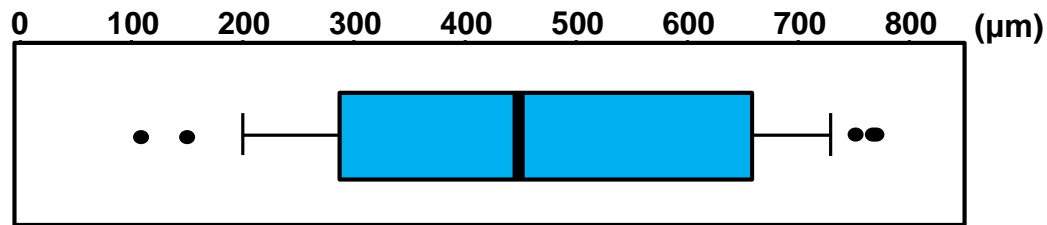




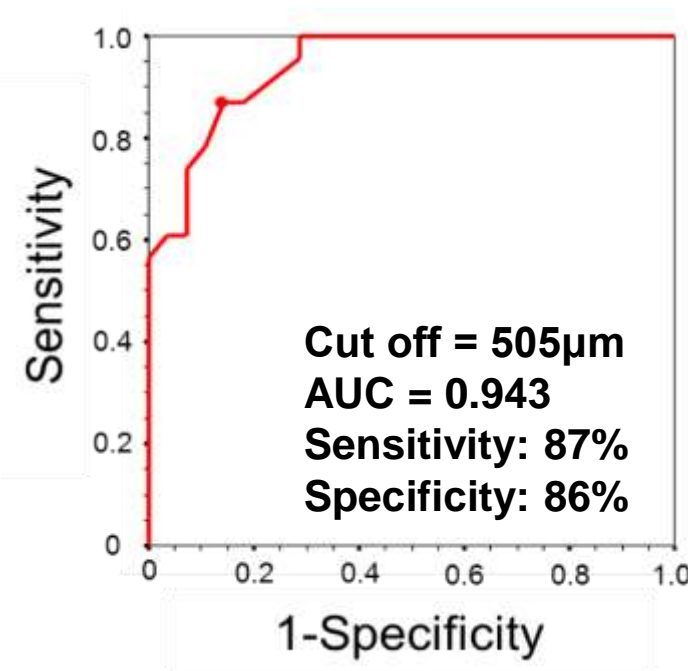
# Prediction of calcium plate fracture by ballooning

FD-OCT was performed to assess vascular response immediately after high pressure ballooning in 61 patients with severe calcified coronary lesion.

## Thickness distribution of calcium fracture



Median = 450μm; Lower quartile = 300μm; Upper quartile = 660μm; Minimum = 110μm; and Maximum = 770μm.

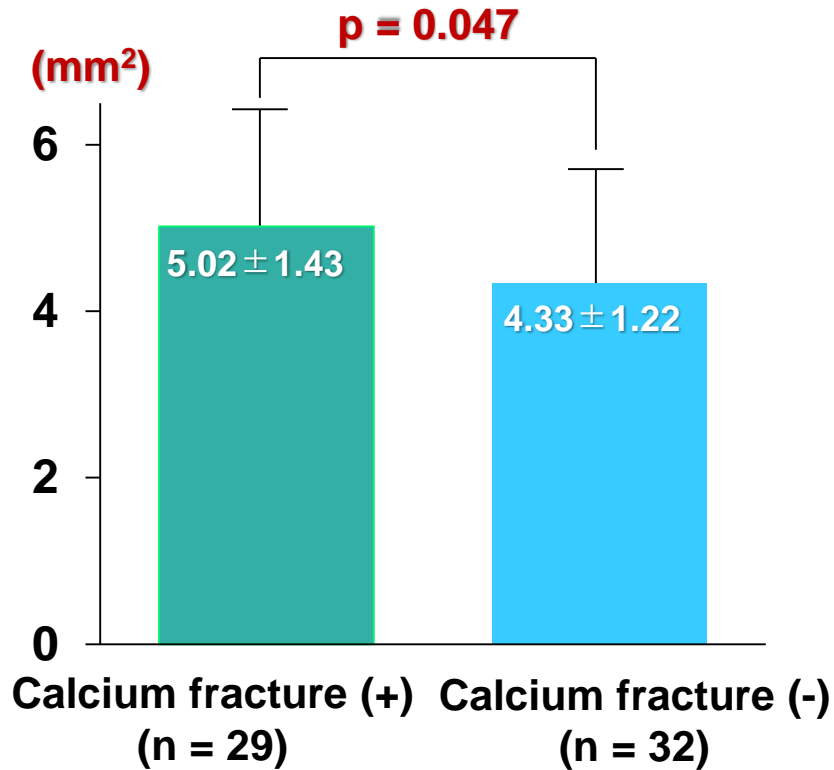


**Conclusion: A calcium plate thickness < 505 μm was the corresponding cut-off value for predicting calcium plate fracture by high pressure ballooning.**

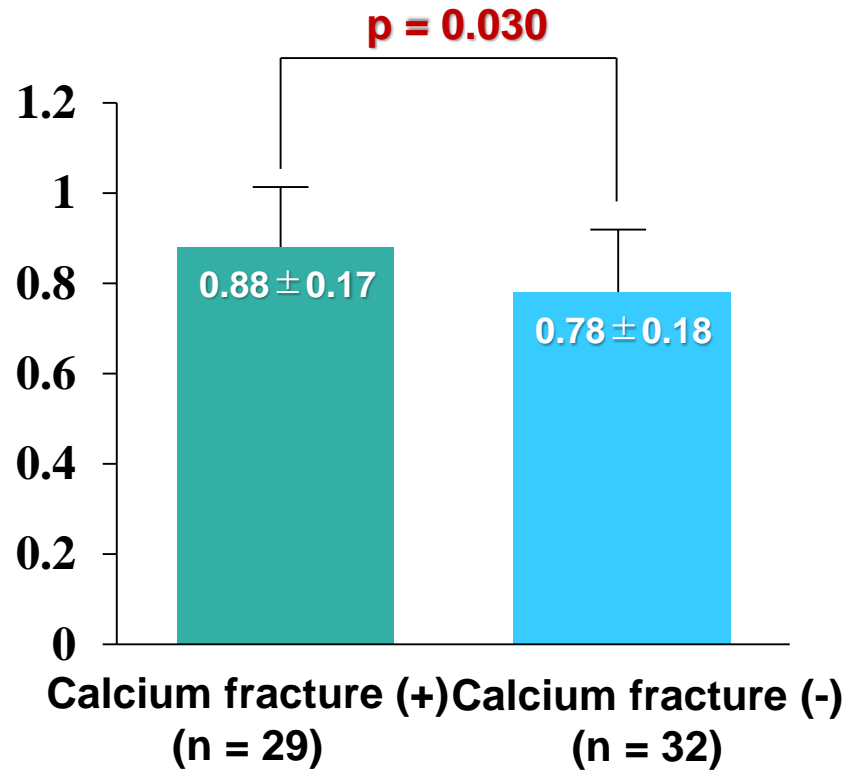
# Stent expansion at post-PCI



## Minimum stent area



## Stent expansion index

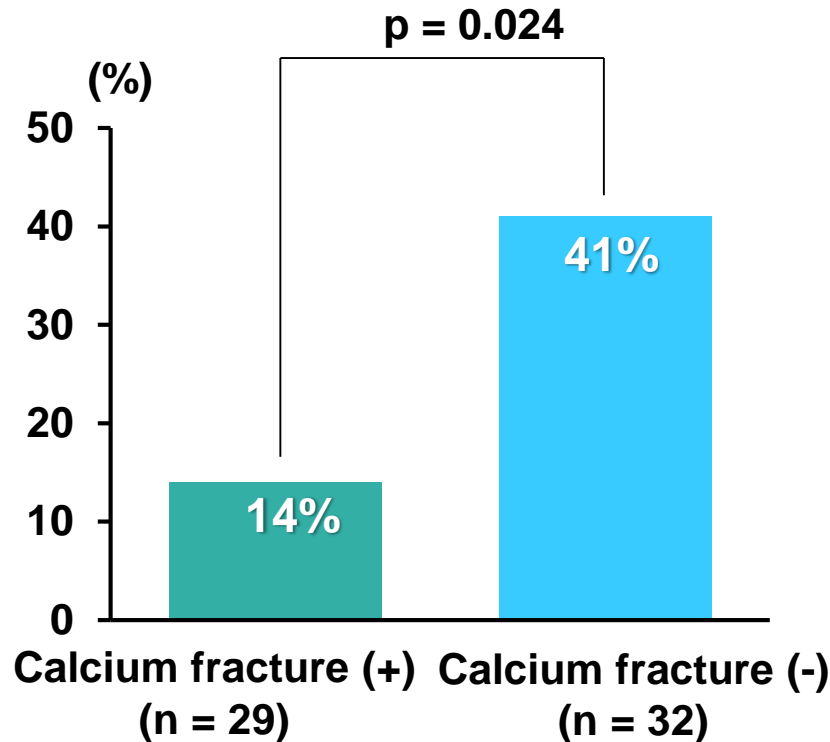


**Minimum stent area and stent expansion index were significantly greater in the group with calcium fracture compared with the group without calcium fracture.**

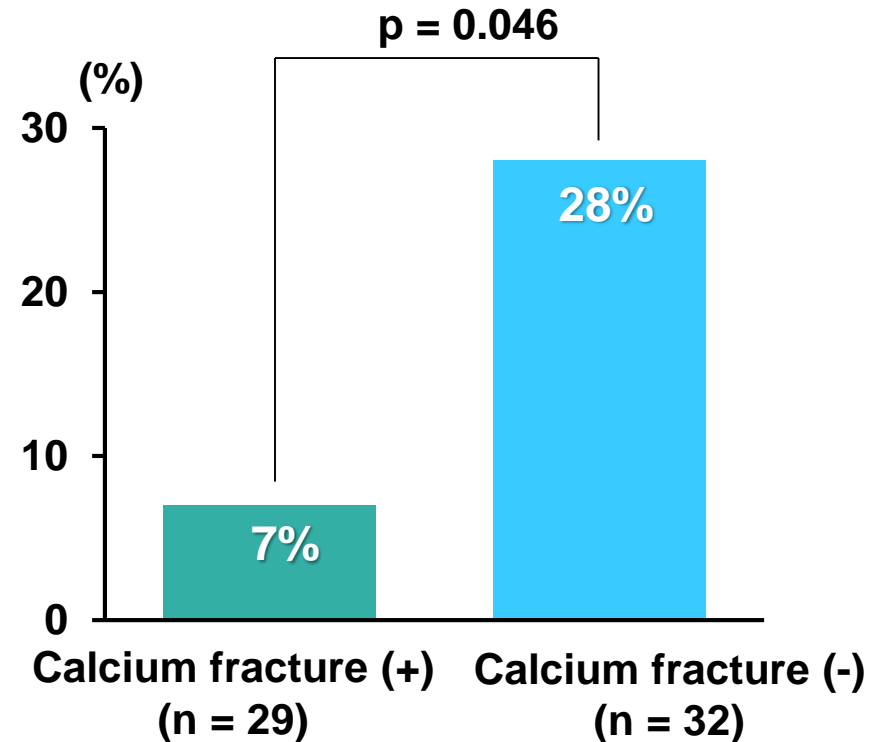


# Restenosis and TLR at 10 months follow-up

## Binary restenosis



## Target lesion revascularization

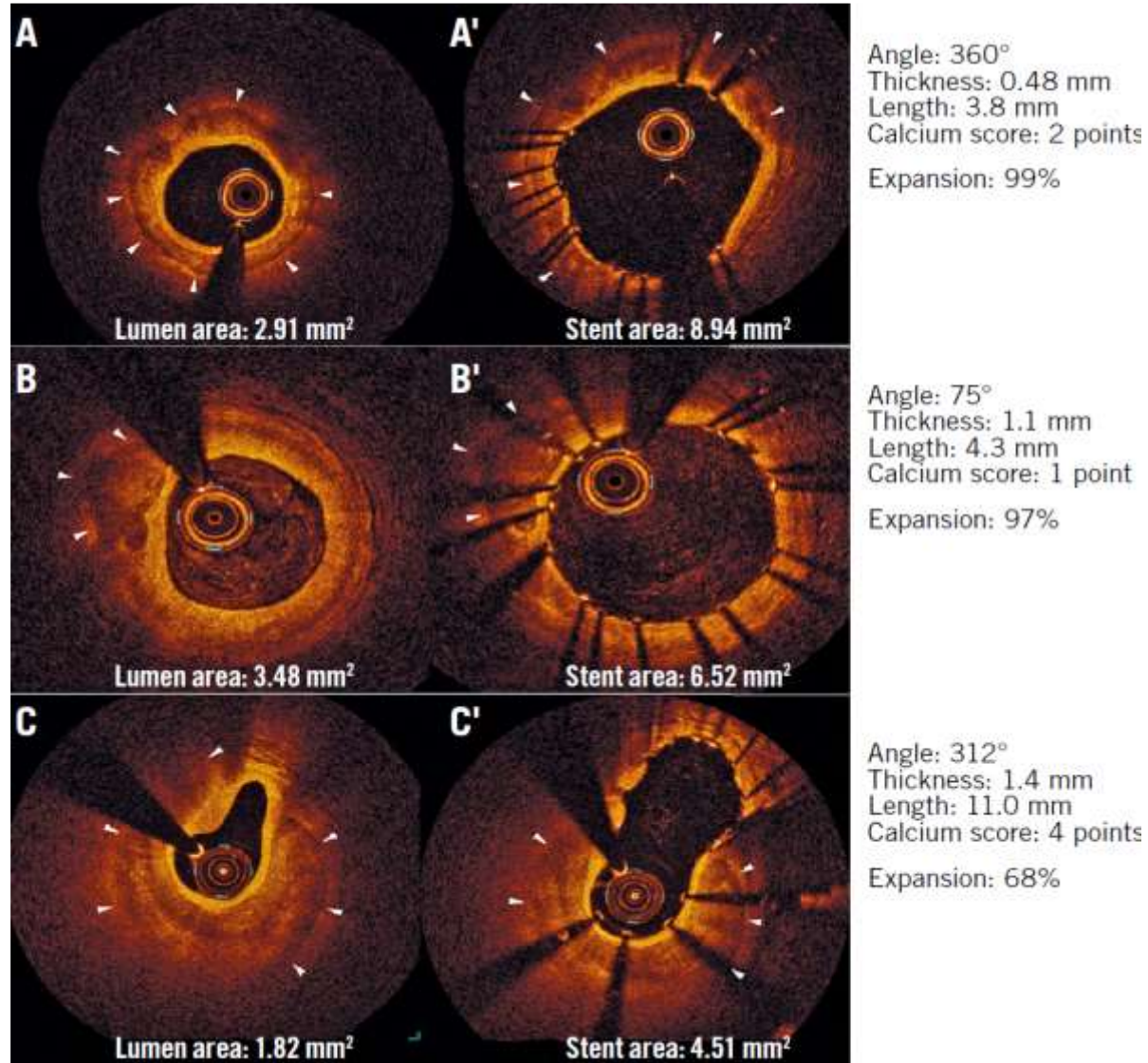


The frequency of binary restenosis and target lesion revascularization was significantly lower in the group with calcium fracture compared with the group without calcium fracture.

# Calcium eccentricity, thickness & length and stent expansion

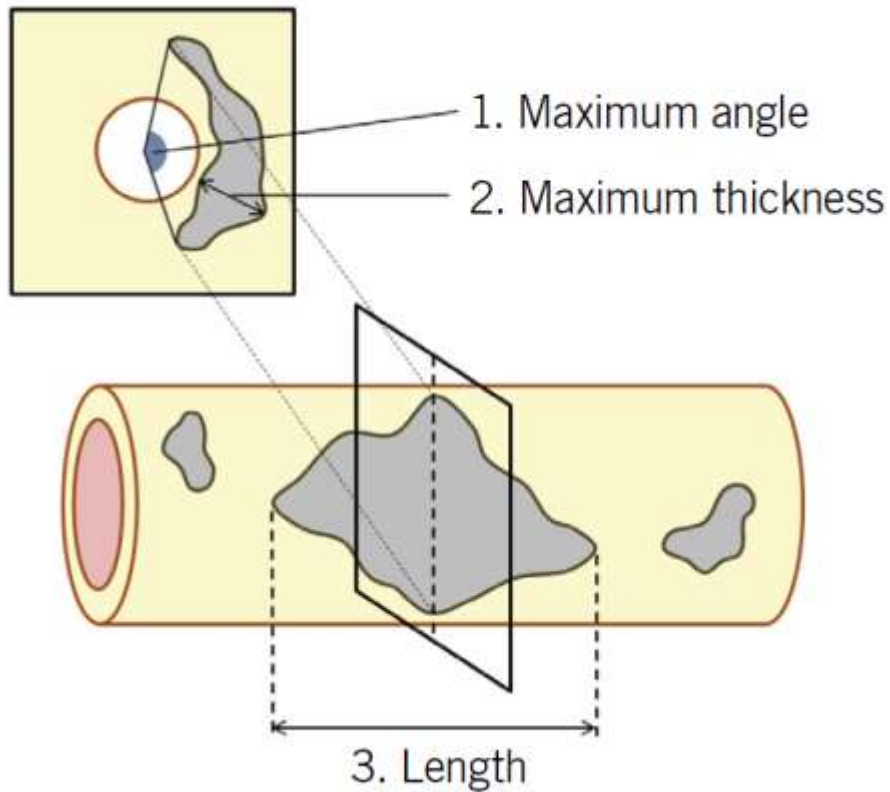
Baseline

Final





# OCT based calcium scoring system



OCT-based calcium score		
1. Maximum calcium angle (°)	$\leq 180^\circ$ → 0 point	$> 180^\circ$ → 2 points
2. Maximum calcium thickness (mm)	$\leq 0.5$ mm → 0 point	$> 0.5$ mm → 1 point
3. Calcium length (mm)	$\leq 5.0$ mm → 0 point	$> 5.0$ mm → 1 point
<b>Total score</b>	<b>0 to 4 points</b>	

# OCT-based calcium score & Final PCI result

Variables	Calcium score					p-value
	0 (n=27)	1 (n=45)	2 (n=34)	3 (n=3)	4 (n=24)	
<b>Pre-intervention (Angiographic findings)</b>						
Any calcification	37.0% (10)	40.0% (18)	67.6% (23)	33.3% (1)	87.5% (21)	<0.01
Moderate calcification	33.3% (9)	37.8% (17)	44.1% (15)	0% (0)	33.3% (8)	<0.01
Severe calcification	3.7% (1)	2.2% (1)	23.5% (8)	33.3% (1)	54.2% (13)	<0.01
<b>Pre-intervention (OCT findings)</b>						
Maximum calcium angle, °	62 (41, 77)	79 (56, 121)	129 (114, 162)	198 (187, 237)	279 (233, 308)	<0.01
Maximum calcium thickness, mm	0.38 (0.26, 0.46)	0.77 (0.61, 0.91)	1.0 (0.82, 1.22)	0.59 (0.58, 0.65)	0.97 (0.76, 1.1)	<0.01
Calcium length, mm	2.4 (2.0, 3.6)	3.8 (3.1, 4.7)	8.7 (6.4, 13.5)	4.4 (3.0, 4.7)	17.4 (9.9, 28.5)	<0.01
Minimum lumen area, mm <sup>2</sup>	1.7 (0.8, 2.4)	1.3 (0.9, 1.6)	1.2 (0.90, 1.7)	1.1 (0.7, 5.4)	1.1 (0.96, 1.7)	0.75
<b>Procedural results</b>						
Total stent length, mm	20 (18, 33)	26 (20, 33)	34 (22, 43)	22 (18, 23)	35 (22, 40)	0.15
Total number of stents used	1 (1, 1)	1 (1, 1)	1 (1, 2)	1 (1, 1)	1 (1, 2)	0.47
Maximum device diameter, mm	3.5 (3.0, 4.0)	3.5 (3.0, 3.5)	3.5 (3.0, 3.5)	3.5 (3.25, 3.5)	3.5 (3.0, 3.5)	0.30
Maximum inflation pressure, atm	14 (14, 18)	15 (14, 18)	18 (14, 20)	14 (14, 18)	18 (15, 20)	0.09
Balloon to artery ratio	1.09 (0.97, 1.16)	1.02 (0.97, 1.16)	1.05 (0.98, 1.17)	1.06 (0.97, 1.17)	1.06 (0.96, 1.12)	0.75
<b>Post-intervention (OCT findings)</b>						
MSA, mm <sup>2</sup>	7.2 (5.4, 9.2)	6.3 (5.2, 8.4)	5.9 (4.8, 8.0)	6.7 (5.8, 7.1)	5.7 (4.4, 7.4)	0.21
Stent expansion at target lesion calcium, %	99 (93, 108)	98 (86, 109)	86 (77, 100)	98 (83, 104)	78 (70, 86)	<0.01
Stent expansion at MSA, %	91 (84, 95)	85 (78, 93)	80 (73, 93)	80 (73, 85)	69 (60, 77)	<0.01

# Comparison Between the 3 FDA-Approved Atherectomy Devices

	Rotational	Orbital	Laser
Balloon noncross	+++	++	++
Nondilatable lesion	+++	++	+
Eccentric calcium	+	++	-
Rapid exchange	-	-	+++
6F guide	++	+++	++
Underexpanded stent	+	-	++

*Mehanna E, et al. Circ Cardiovasc Interv 2018;11:e006813,  
DOI:10.1161/CIRCINTERVENTIONS.118.006813.*



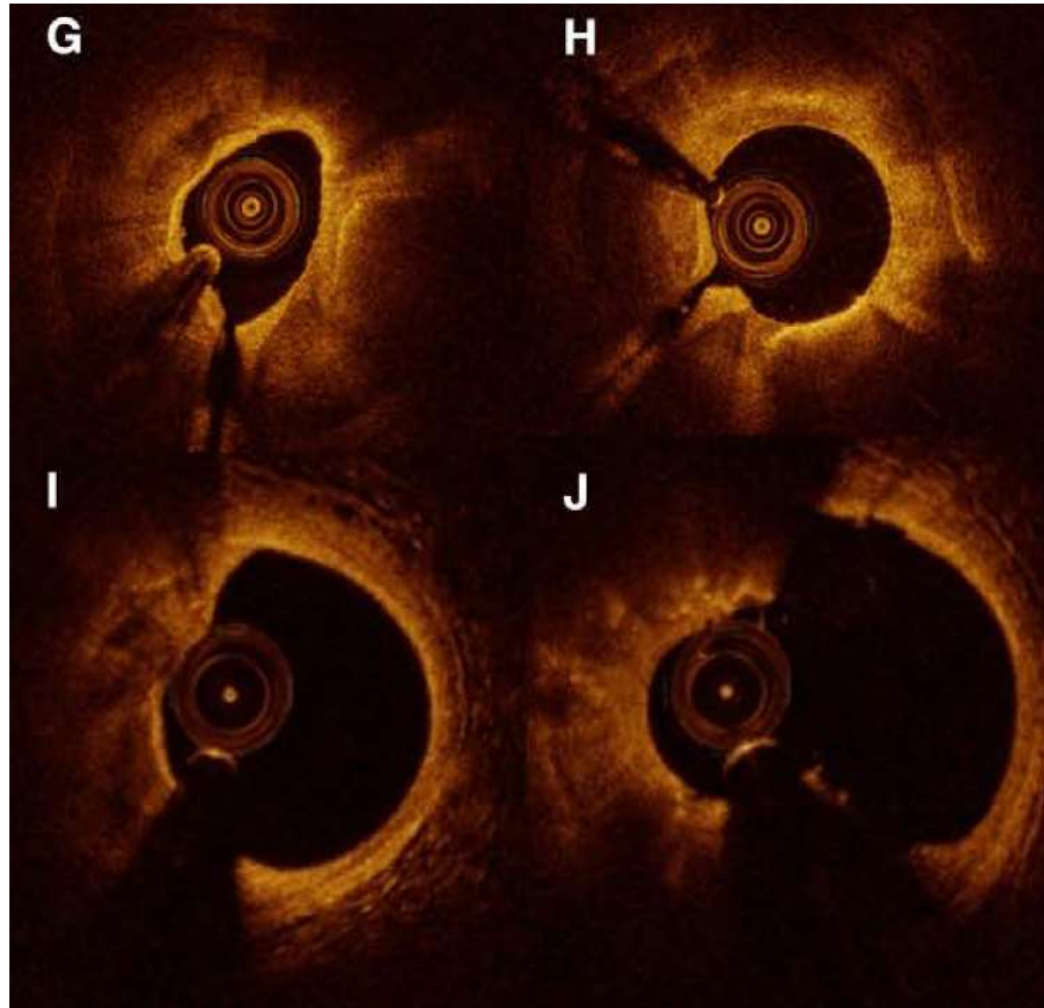
# Comparison Between Rotational & Orbital Atherectomy

Pre PCI

Post PCI

Rotational  
atherectomy

Orbital  
atherectomy



Mehanna E, et al. *Circ Cardiovasc Interv* 2018;11:e006813,  
DOI:10.1161/CIRCINTERVENTIONS.118.006813.

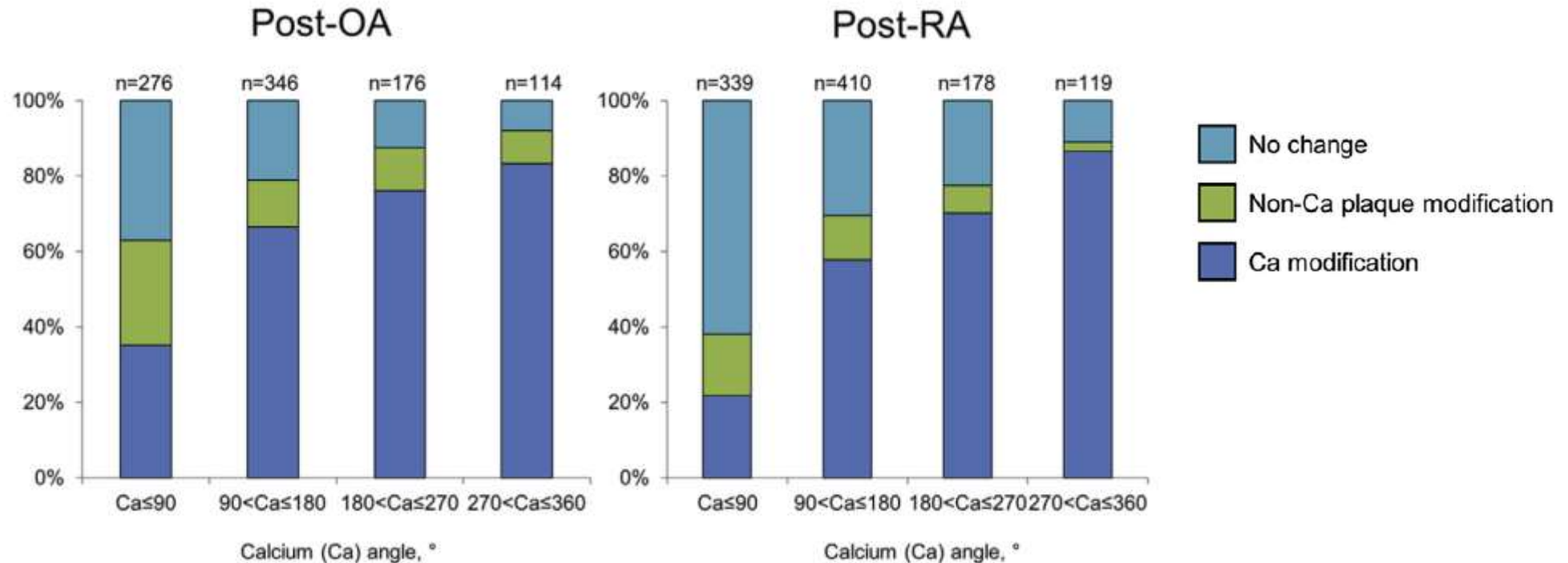
Wakayama Medical University





# Comparison Between Orbital & Rotational Atherectomy

## Prevalence of calcium or noncalcified plaque modification



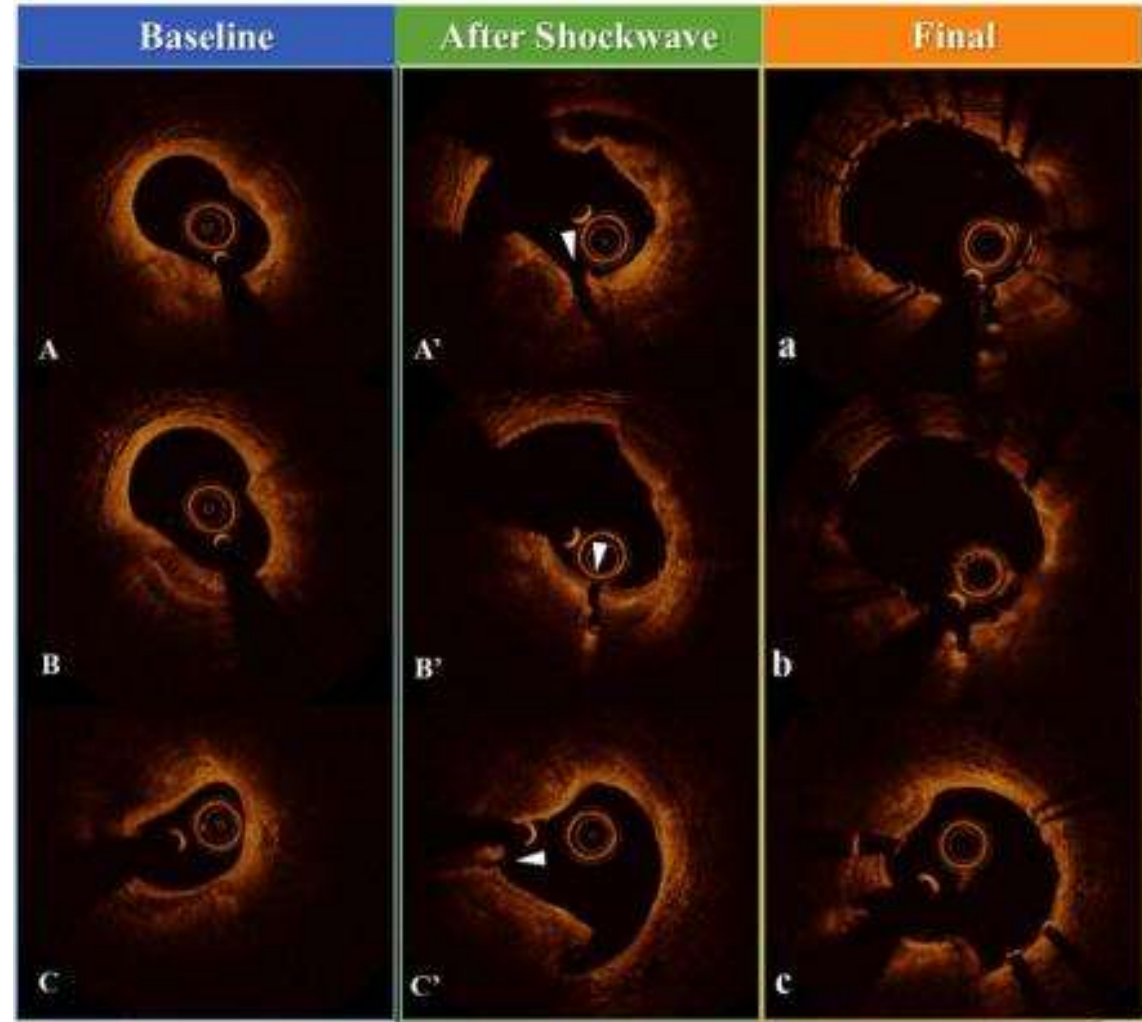
Compared with RA, OA creates more calcium modification, especially in a more noncalcified plaque modification.

Mehanna E, et al. *Circ Cardiovasc Interv* 2018;11:e006813,  
DOI:10.1161/CIRCINTERVENTIONS.118.006813.

Wakayama Medical University



# Shockwave Intravascular Lithotripsy



# Take home message

In cases with heavily calcified lesion,

- Rotational atherectomy with small burr size would be recommended if any imaging devices could not be pathed through the tight lesion.
- OCT may allow us to demonstrate clearly the position and thickness of calcium.
- Lesion modification can be observed after rotational atherectomy, and the burr size may easily be decided based on the OCT findings.
- Step by step burr size up would be recommended for ablating calcium safely.
- Calcium plate fracture can be made by high pressure ballooning if the thickness of it becomes less than 500 $\mu\text{m}$ .
- Enough stent expansion and less in-stent restenosis could be expected if calcium plate fracture can be obtained after high pressure ballooning following step by step rotational atherectomy.

